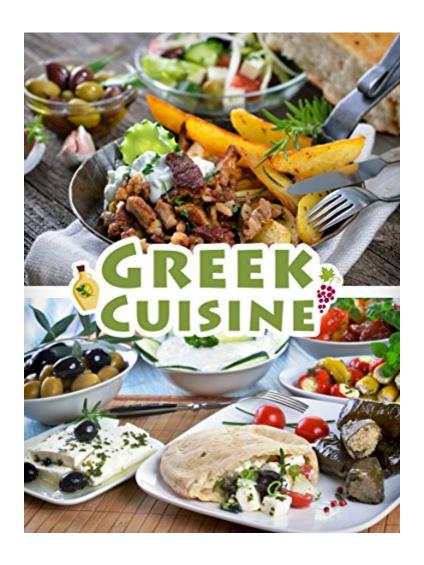# Greek Cuisine: Top 50 Most Delicious Greek Recipes (Recipe Top 50's Book 100)

Synopsis

Experience all the vibrancy of Greek Cuisine and enjoy the rich flavors of the Mediterranean. Greek cooking is all about combining fresh and flavorful ingredients to create these amazing tasting dishes. A plus is that the Greek diet is typically a very healthy diet, rich is healthy fats just like most of the Mediterranean diet. The Greek know how to create beautiful flavor combinations by mixes all the right spices and herbs with cheese, olives, nuts, wine, seafood, tender meat and fresh fruit and vegetables. With this cookbook you too will be able to experience the most delicious Greek recipes without having to travel all the way to Greece. This cookbook starts off with some delicious Greek appetizers, which include simple little treats like zucchini pie with cheese, and spinach triangles to whet your appetite. Next youâ ™ll find traditional Greek main course dishes to satisfy your hunger. And finally if you still have some room left you can treat yourself with simple and yet such irresistible Greek desserts like baklava or yogurt with honey and walnuts and many others. Youâ ™ll notice that in Greek cuisine they love to use honey in their desserts rather than sugar, which makes for healthier desserts as well.- -Tags: greek recipes, greek recipe book, greek cookbook, greek cuisine, greek cooking, greek cooking book, greek books, greek food, mediterranean recipes, mediterranean recipe book, mediterranean cookbook, mediterranean cuisine, mediterranean cooking, mediterranean cooking book, mediterranean books, mediterranean food, mediterranean diet, mediterranean diet cookbook, mediterranean diet recipes, mediterranean diet for beginner, european recipes, european recipe book, european cookbook, european cuisine, european cooking, european cooking book, european books, european food.

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Customer Reviews

Some really delicious recipes for cooking Greek food but there are some I just don't do. I use goat instead of lamb and I don't do octopus at all. Thank you and enjoy your meal and enjoy your day.

GOOD

First try was a flop but then found it was due to my error. Second recipe was great.

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